

DAILY SCHEDULE

Week of: **November 11**



	11/11 MONDAY	11/12 TUESDAY	11/13 WEDNESDAY	11/14 THURSDAY	11/15 FRIDAY	11/16 SATURDAY	11/17 SUNDAY
10:00 AM	Good morning meditation & affirmations \$5 <small>guided</small>	Hip hop chess club \$5	Good morning meditation & affirmations \$5 <small>guided</small>				
10:30 AM	Good morning meditation & affirmations <small>guided</small>	Hip hop chess club	Good morning meditation & affirmations				
11:00 AM						Self care/Wellness Event \$40 from 11:00AM-3:00PM	
11:30 AM						Self care/Wellness Event	
12:00 PM	Meditative/creative coloring \$10		Meditative coloring \$10		Meditative/ creative painting \$10	Self care/Wellness Event	
12:30 PM	Meditative/creative coloring		Meditative coloring		Meditative/ creative painting	Self care/Wellness Event	
1:00 PM						Self care/Wellness Event	
1:30 PM	Afternoon guided meditation & affirmations \$5		Afternoon guided meditation & affirmations \$5			Self care/Wellness Event	
2:00 PM	Afternoon guided meditation & affirmations		Afternoon guided meditation & affirmations			Self care/Wellness Event	
3:00 PM						Self care/Wellness Event	
3:30 PM	Meditative/ creative painting \$10				After school power hour/movie day \$15		
4:00 PM	Meditative/creative painting	Grief support group \$5		Meditative/creative painting \$10	After school power hour/ movie day		
4:30 PM		Grief support group		Meditative/creative painting	After school power hour/ movie day		
5:00 PM					After school power hour/ movie day		
5:30 PM	Reading/ silent hour \$5	Wellness support group \$5	Mental health awareness theme session (Drug abuse VS addiction) \$10	Hip hop chess club/ Board games \$5			
6:00 PM	Reading/silent hour	Wellness support group	Mental health awareness theme session	Hip hop chess club/ Board games			
6:30 PM							

KEY

Red= Tier One Event

Green= Tier Two Event

Blue = Tier Three Event

NOTES
